



Prevention: Going Upstream on Drug Use and Abuse in Ohio

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Going Upstream

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Going Upstream: Complex Solutions

- ▶ **Convene** groups to define the problem
 - ▶ MHRB, Systems, Providers, Families
- ▶ **Connect** local stakeholders to address local conditions
 - ▶ Commission engages governmental, business, community
- ▶ **Consult** with multi-sector public and private partners
 - ▶ Local and state-wide prevention experts
 - ▶ ADAPAO, WSU
- ▶ **Create** and evaluate practical strategies



Convene and Connect

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Convene and Connect Stakeholders

- ▶ Commissioners are involved with a variety of sectors
 - ▶ Family Council, Schools, Legislative, Media, Business Community
- ▶ Commissioners invite and connect new partners
 - ▶ London Recovery Project
- ▶ Commissioners keep the focus on local needs and resources

Common Understanding and Catalyst

- ▶ Community data gets everyone on the same page
- ▶ Educates people about the problem
- ▶ Use of data is critical for leveraging resources
 - ▶ Apply for state and federal dollars
 - ▶ Pool local dollars for greater purchasing power

A Few Assessment Findings

- ▶ From 2007-2010, diagnoses of opiate dependence and treatment increased 187%
- ▶ In 2010, there were 76 doses of opiates prescribed per every person in Madison County
- ▶ In 2011, over 85% of Madison County residents believed there was a substance abuse problem in community
- ▶ More than 100 referrals to Children's Services involve substance abuse issues every year
- ▶ 29% of HS Juniors used other people's prescription drugs



Consult to Develop a Strategic Plan

Prevention Science

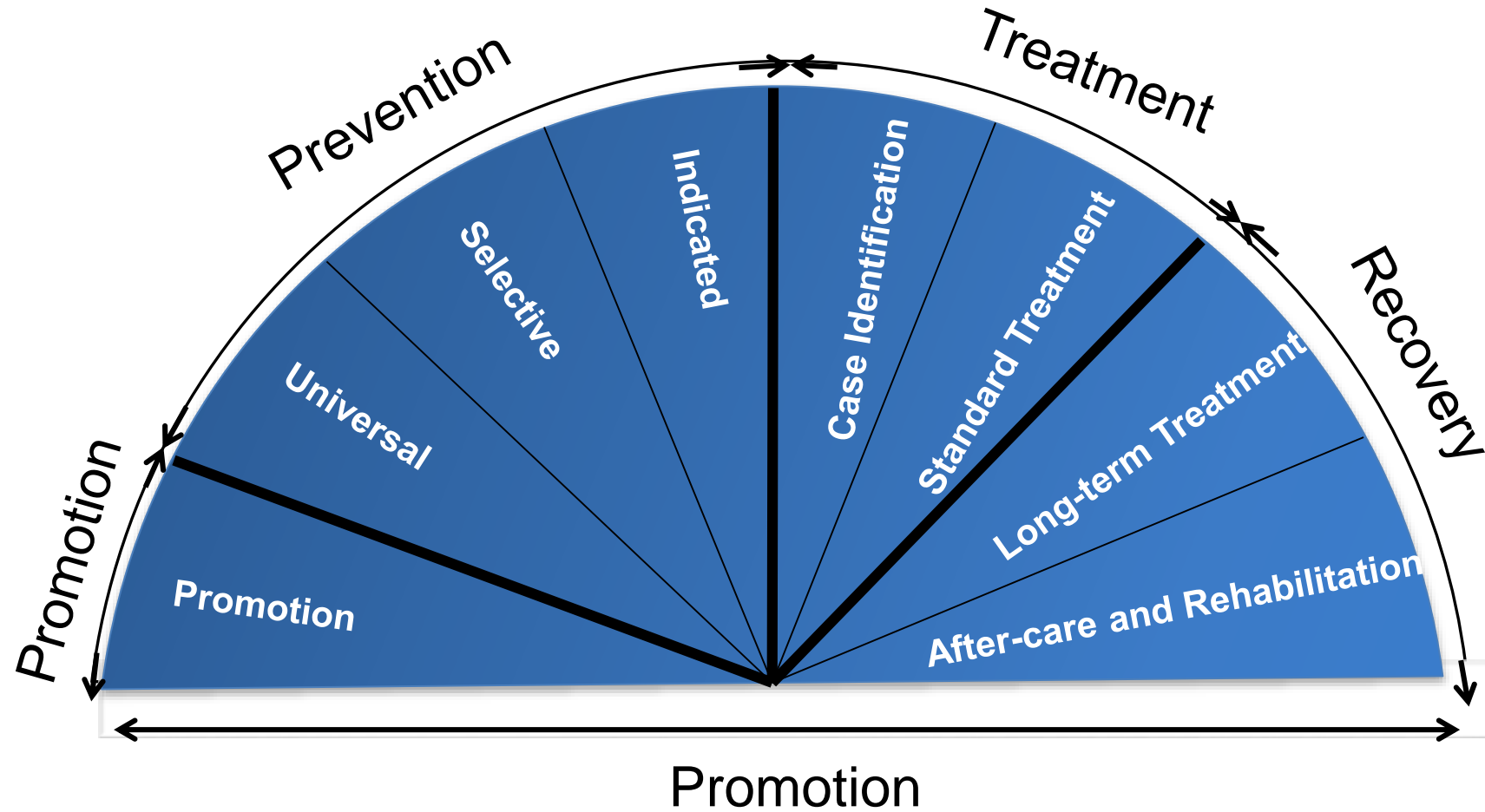
Jim Ryan, OCPS II

ADAPAO

www.adapao.org

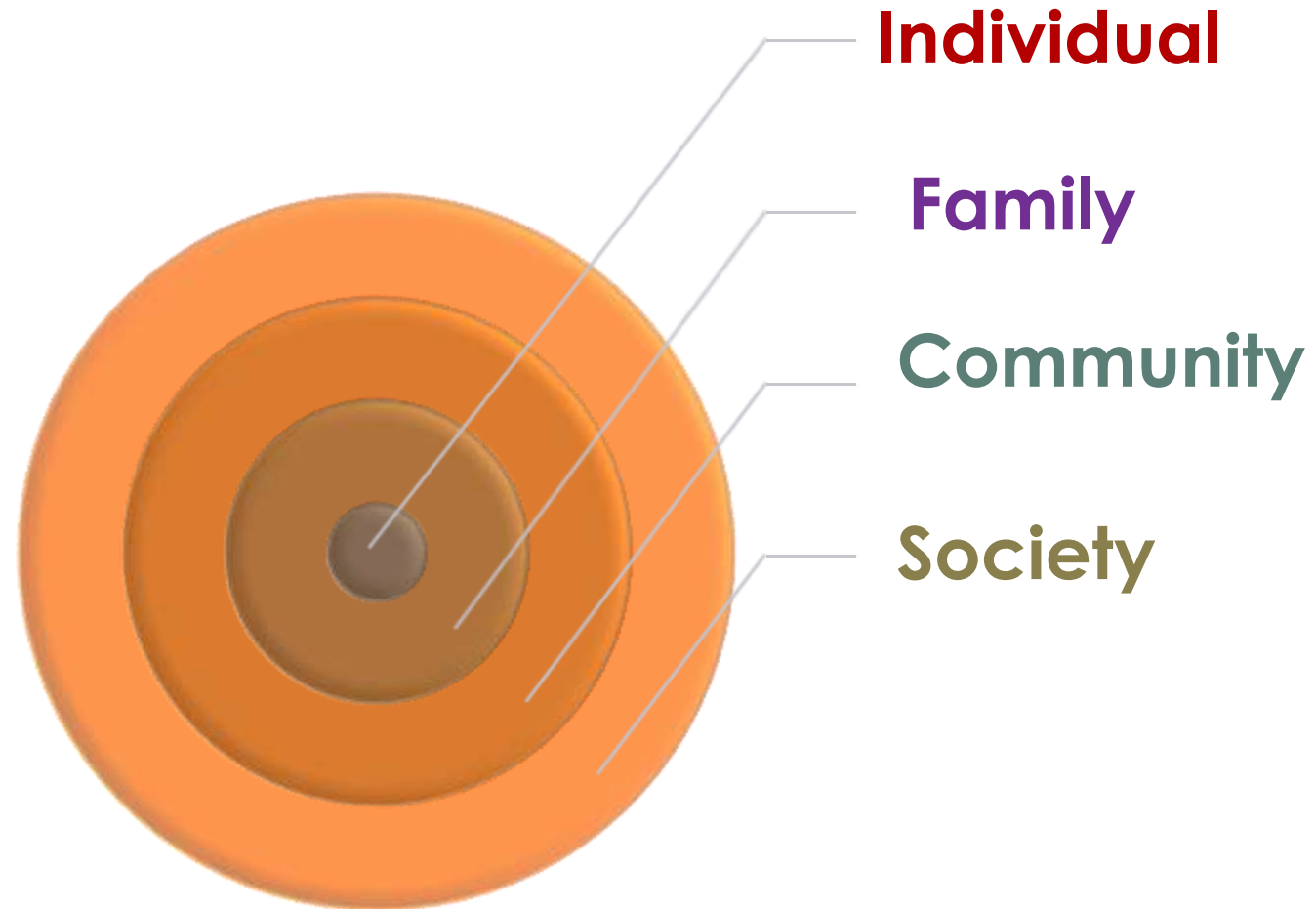
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Continuum of Care



Prevention Strategies

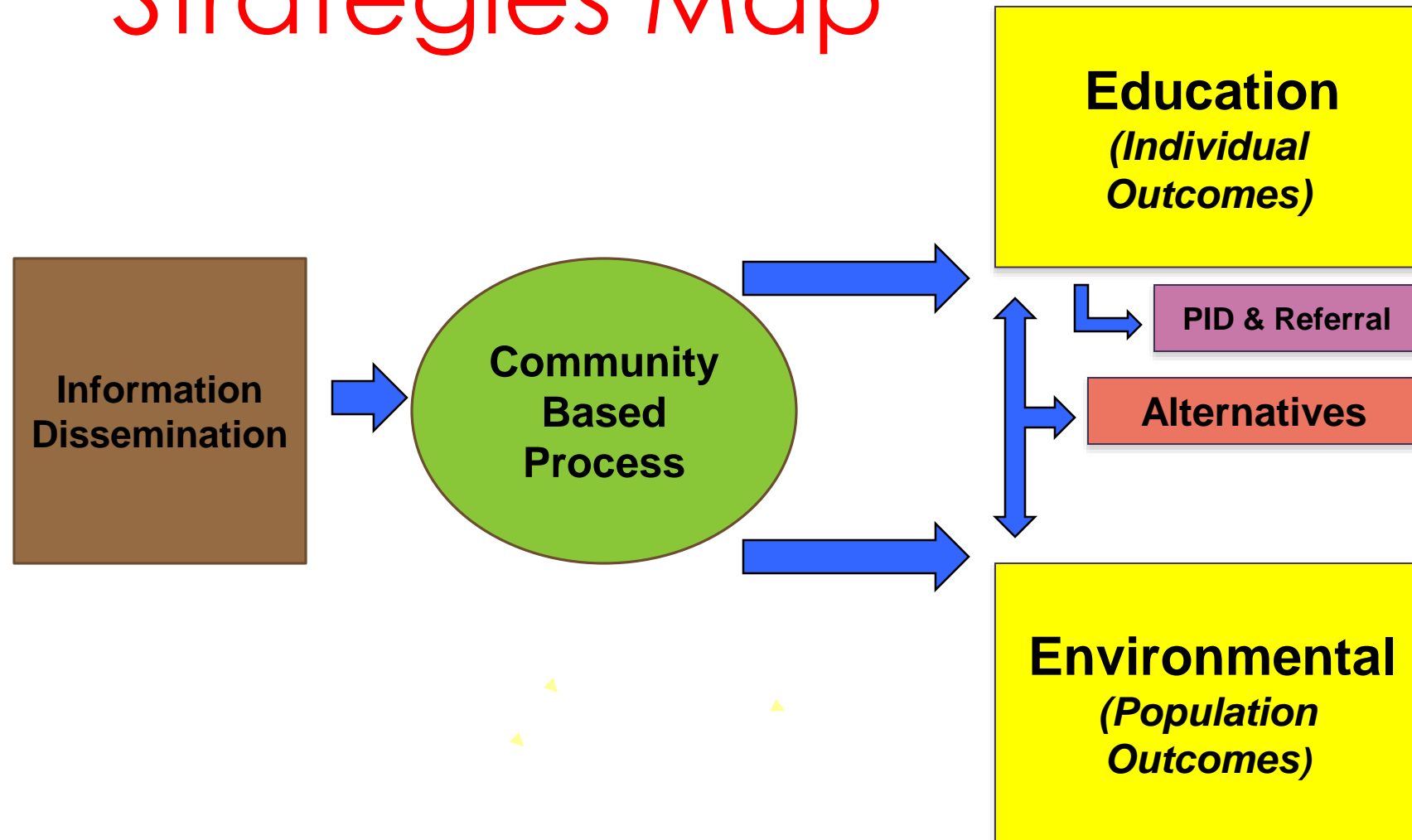
Multiple Contexts



CSAP Prevention Strategies

- Information Dissemination
- **Prevention Education**
- Alternatives
- Problem ID & Referral
- Community-based Process
- **Environmental Prevention**

Strategies Map



Education: Ayes & Nays

Ayes

- Use evidence-based/research-based/promising programs & practices
- Apply prevention education at all life stages
- Take prevention education to where adults work and live

Nays

- Believing awareness equals education
- Limiting education to youth populations
- Thinking all education is prevention
- Asking people in recovery to share their stories with youth

Environmental: Ayes & Nays

Ayes

- Adapt/institute/enforce prevention-focused laws/policies
 - Social host
 - Prescribing practices
 - Institutional policies
- Change norms
 - “Teen drinking OK”
 - “Weed ‘no big deal’”
 - “Pain? There’s a pill”
- Address marketing

Nays

- Assuming criminal penalties on those with SU disorders will prevent the problem
- Neglecting to engage the communities/systems in the problem-solving
- Ignoring prevention science and research

General: Ayes & Nays

Ayes

- Bring an Ohio Certified Prevention Specialist I or II to the table
- Tie together prevention education and environmental prevention
- Recognize this is a long-term proposition

Nays

- Focusing on heroin – or even pain meds – exclusively
- Believing scare tactics are the answer
- Prioritizing emotion over science/research
- Under-funding prevention



Consult to Build Local Capacity

Prevention Science



Protecting Children's Futures with *Prevention*

www.wright.edu/prevention-science

PAX GBG



- 🌱 A proven, culturally responsive, research-based approach to teaching self-regulation and behavior as a skillset.

Immediate Outcomes



- 🧠 *PAX Classes typically show:*
- 🧠 60-90 additional minutes of instruction
- 🧠 75% drop in disruptions
- 🧠 60% drop in discipline referrals
- 🧠 20-30% drop in special education

Long-term Outcomes








Please
learn
PAX.

Are you a
PAXleader?
We are
PAXleaders!




By age 21, PAX kids show:

-  50% drop in drug dependence
-  68% drop in tobacco use
-  35% drop in alcohol dependence
-  32% drop in criminal behavior
-  50% drop in suicide ideation

Prevention for the Community



 Evidence-based Prevention as behavior strategies for working with youth

 Parents, coaches, babysitters, as well as educational and childcare professionals

 www.wright.edu/prevention-science/community



Create and Evaluate Your Strategies

Prevention Science

Madison County Examples

- ▶ Multi-sector investment in PAX GBG and Kernels for Life
- ▶ Substance Abuse Coalition awareness and education
 - ▶ Town Halls and legislative advocacy
 - ▶ Safe and proper disposal of prescription medication
 - ▶ Join with Recovery Supports Group, faith community, corrections, 501-C-3s
 - ▶ Emergency data collection and sharing with Suicide Prevention Coalition
- ▶ Youth empowerment initiative
- ▶ Preparing to submit a Drug Free Communities Grant



Questions?

THANK YOU!

Effective Prevention Registries & Resources

- ▶ Blueprints for Healthy Youth Development

<http://www.blueprintsprograms.com>

- ▶ Office of Juvenile Justice and Delinquency Prevention's (OJJDP's) Model Program Guide

www.ojjdp.gov/mpg

- ▶ Crime Solutions

www.crimesolutions.gov/TopicDetails.aspx?ID=69

- ▶ The Campbell Collaboration Library and Database

www.campbellcollaboration.org/library.php

- ▶ California Evidence-Based Clearinghouses for Child Welfare

www.cebc4cw.org

- ▶ What Works Clearinghouse

<http://ies.ed.gov/ncee/wwc>

- ▶ National Registry of Evidence-based Programs and Practices (NREPP)

http://nrepp.samhsa.gov/01_landing.aspx